



# Village of Cuyahoga Heights

August 2022

*Continuing to move our legacy community forward...*

## Upcoming Dates and Reminders

**August 2** - Primary election.  
Polls are open at the village hall  
from 6:30 a.m.-7:30 p.m.

**August 3** - Charity pick up

**August 6** - Kennedy House open  
from 10:00 a.m.-12:00 p.m.

**August 13** - End of summer pool  
party

**August 14** - Last day pool is open



**August 18** - First day of middle  
and high school

**August 19** - First day of  
elementary school (Grades 1-5)



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our pages!



Agenda/Minutes of our council  
meetings are posted every  
month under the government  
tab

## At the Village Hall

### Council Meetings

2<sup>nd</sup> Wednesday of the Month  
Caucus 5:00 p.m.  
Meeting 6:00 p.m.

Economic Development Committee  
Public Works Meeting

Finance Committee Meeting  
2<sup>nd</sup> Wednesday of the Month,  
if needed

### Zoning Board Meetings

3<sup>rd</sup> Wednesday of the Month  
at 5:00 p.m.

### Work Sessions of Council

4<sup>th</sup> Wednesday of the Month  
at 5:00 p.m.

\*Only in January, February,  
March, April, May, October

**Village Hall office hours are  
Monday through Friday from  
8:00 a.m.-12:00 p.m. &  
1:00 p.m. - 4:30 p.m.**

[www.cuyahogaheights.com](http://www.cuyahogaheights.com)

## From the Mayor's Desk

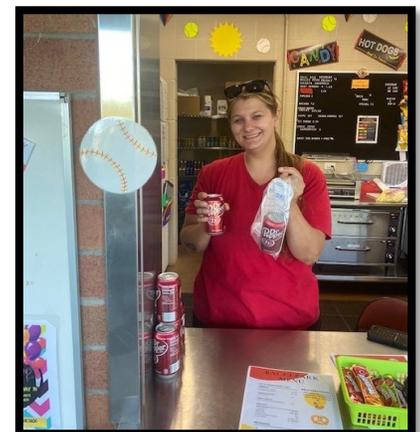
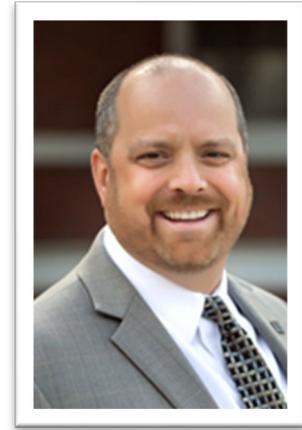
Greetings to all! I can't believe summer is already coming to a close. Our rec ball teams had their annual pool party and awards ceremony on July 24. In addition, our police and rec departments worked together and had a bike safety and foam party at Klima Gardens on this past Tuesday for village resident children. Also, the rec director is in the process of planning an end of the summer pool party on Saturday, August 13; noting that the last day the pool will be open for the season is Sunday, August 14. I remember my parents always saying, "as you get older, time flies"—they weren't kidding!

I hope everyone has been enjoying their summer and it's good to see so many residents enjoying our pool and cooling down on those very hot days. With that in mind, I'd like to send a *shout out* to the lifeguards who handled swimming lessons for the little ones this summer, as well as to the entire pool staff who did an outstanding job! Pool Manager Sandi Sturgill sent us a picture with some of the lifeguard staff. We're also including an insert with this newsletter of pictures from several events that happened over the summer—so happy to see the kids having fun, smiling, and not on their phones!

### Around Town

Shred day took place the morning of Saturday, July 9 at Gateway Products Recycling which is located at 4223 East 49<sup>th</sup> Street. Coordinator/Councilwoman Lois Henley stated that we had a decent turnout of residents who brought their bags and boxes of paper. We had a total of (10) 95-gallon totes that were filled—this beats our record from last year. For those that don't know, our shred day is scheduled the second Saturday of every July. Pictured are Councilwoman Henley with service department employees: Jacob Artino and Michaela Bloam.

Don't forget—August is the last month that food trucks will be at Bacci Park on Wednesdays from 4:00-7:00 p.m. The food trucks are a great addition to our park as well as the music—and so many individuals truly enjoy visiting our park. In fact, we receive so many compliments such as: "to the beauty and upkeep of the park and ballfields, the overall safe and welcoming atmosphere, and the wonderful concessions." This is something we can all be very proud of. Thank you to Concession Stand Manager Kelly Hartman and her staff for their hard work, and a very special thank you to "The Good Knights" and Councilman Dave Volek for volunteering their time and playing music during food truck nights. Pictured are several of the girls who work at the concession stand: Jen, Gianna and Tori.



## From the Mayor's Desk (continued)

I wanted to take this moment to thank Jacob Artino for delivering the Neighborhood News and monthly newsletters to all our residents on the east side of town for so many years. Jacob will no longer be our newspaper delivery person as he will be attending college at Cleveland State next month. We wish Jacob the best as he begins his next journey in life. Charlie Nichols and Christopher Trzeciak have split up Jacob's route and will start delivering the first week of August—so please be patient with these two young men as they learn the route.

### Senior Citizens

In cooperation with Independence Discount Drug Mart, Nurse Socausky, and my office—we will again be offering flu shots to our village senior residents (60 years of age and older) on Friday, September 16 at Klima Gardens. So that we can safely manage the event, blood work appointments will begin at 8:30 a.m. in 10-minute increments; flu shots will begin at 9:00 a.m. in 3-minute increments. As a reminder, if you plan on getting blood work, **please do not eat or drink anything**, except water, after midnight the night before. Please contact Lee Ann at the village hall at 216-641-7020 during normal business hours. **Deadline to register is Friday, September 2. Flu shots and blood work will strictly be by appointment only.**

Drug Mart will provide us with registration forms which we will drop off at your home prior to your appointment. You will need to fill it out and bring it with you on the day of your appointment. We will again be serving a warm breakfast for our senior citizens (packaged in individual containers)—so you can either eat it at Klima's or take it home with you. If you are 65 years of age or older, please bring your Medicare Card as we will seek Medicare payment for qualifying seniors. Our village will pay for flu shots for our village senior residents and employees just like we've done in the past.

Please contact Lee Ann during normal business hours if you are interested in joining us on Monday, August 29 at Kelleys Island. You must be a village resident senior citizen—60 years of age and older to participate. Deadline to register is Tuesday, August 2.

### Cuyahoga Heights Schools

The school asked us to share the following information about non-public school transportation. If your child will be attending a non-public school in the fall, please fill out the [Non-Public School Transportation Packet](#) and return it to Tracy Deal, Administrative Asst. to the Superintendent by August 1. This packet can also be found on the school's website at [www.cuyhts.org](http://www.cuyhts.org) by going to *About the District/Administration & Departments/ Transportation*.



# *From the Mayor's Desk (continued)*

## **NOPEC**

We've had several of our senior citizens asking questions about NOPEC—so we wanted to share the following information with you that we received from their Executive Director. Hopefully, this information is helpful to our residents.

These are tough times in the energy industry. Gasoline, natural gas, and electricity prices have all doubled since 2021 and NOPEC is not immune to current market and inflationary spikes. Here's what NOPEC is doing to assist you:

### **NOPEC Electric Pricing**

- The current NOPEC electric price is more than the current utility Price to Compare (PTC). The current PTC is low because the utility began purchasing the power more than 11 months ago when prices were much lower. This difference will continue until May 2023 when the utility's pricing is expected to adjust to the current market and will likely increase. Until then, residents who are dissatisfied with NOPEC's current electric pricing can call the NOPEC Customer Care Center at 855-667-3201 and ask specifically to be dropped to the utility's default service at no charge- **but not to "opt out"**. Residents who drop NOPEC now can always rejoin when markets normalize. Our customer service team will be ready to receive these calls and will explain the process and the consequences of 'opting out' instead of 'dropping'.
- Every three years we are required by the PUCO to send a letter to every NOPEC electric customer that includes updated pricing, rate options, terms, and opt out details. The next electric letter is expected to be mailed early (in mid-September) so that we can offer a more predictable and competitive rate starting January 1, 2023.

### **NOPEC Natural Gas Pricing**

- Although the current NOPEC natural gas price has also increased due to the current market, the NOPEC price is still 12% LESS for Dominion and 28% less than the Columbia Standard Choice Offer (SCO) rates which are set monthly. **NOPEC natural gas customers should be cautious of other retail offers that may end up costing them way more than the discounted rate they are receiving from NOPEC.**

### **NOPEC Message to Residents**

- Please be patient. Despite these troubling times, energy markets will stabilize.
- We have discovered that some nefarious energy suppliers are using this uncertainty to their own advantage. Please remind your residents and small businesses to be especially wary of offers that sound too good to be true. Most are deceptive and have costly consequences. Consumers should **never** share their utility bill or account information with anyone that contacts them unprompted and should review the fine print **very** carefully before signing any contract.
- As an extra precaution against high utility bills, NOPEC continues to closely monitor current energy-related regulation and legislation to strongly advocate against unfair passthrough charges and rate hikes.



# *From the Mayor's Desk (continued)*

## **Heritage Home Program**

As many of you know, our village has continued its participation in the Heritage Home Program (HHP) of the Cleveland Restoration Society to provide owners of older homes with access to guidance on home improvement and maintenance projects. The most important feature of the program is that it offers free technical assistance and advice to the owners of houses that are over 50 years old. An employee of (HHP) will come out and visit your home and evaluate the types of repairs that are necessary and appropriate for the house. They will help identify proper materials to be used for repairs and replacements that will be consistent with the architecture and style of the home. This free technical assistance and advice offered by HHP is completely impartial and independent. HHP does not have any products or services that it sells to the homeowners and does not charge the homeowner for the advice. Sometimes HHP may advise the homeowner that replacement products being recommended by salesmen or contractors are not necessary and that simple repairs are all that are needed. HHP can also provide a homeowner with a list of contractors that do the type of work that the homeowner needs. HHP will even review contractor bids and advise the homeowner on the bids. Another feature of the program is its low-interest equity loan program. HHP recently gave us their mid-year report and for the first half of this year—we had 7 homeowners contact HHP. We are happy to see that residents are taking advantage of this program. If you would like further information, their phone number is 216-426-3116 or online at [www.heritagehomeprogram.org](http://www.heritagehomeprogram.org) They will be holding a regional information session at the Cuyahoga County Public Library—Parma Powers Branch on Thursday, September 22 at 6:00 p.m.

**HERITAGE HOME PROGRAM**

## **Congratulations**

Village resident and Assistant Service Director Jeff Baciak is very proud of his daughter Lexi Baciak—a 2022 CHHS graduate. Lexi competed in the Health Occupations Students of America National Championship in Nashville this past June. She placed in the top 10 in the country in the Dental Terminology Competition. Congratulations Lexi and best of luck as you start the next chapter in your life!



Also, village resident Christine Malek is extremely proud of her son William Watts who is an 8<sup>th</sup> grader. William recently earned his second Dan black belt in taekwondo at Asian Sun Martial Arts. William is pictured with Master Gardziola his Sensei. Hats off to William for such an amazing accomplishment!



# From the Mayor's Desk (continued)

## Birthdays

August birthday wishes to employees: (4) Brian Baciak, (11) Ted Mackiewicz, (16) Keith Meriwether, (18) Richard Sweeney, (20) Matthew Kontura and (21) Daniel Bauccho.

Belated milestone birthday wishes to Mrs. Sandy Fouts who turned 85 on June 23. Pictured is Mrs. Fouts at last year's senior citizens flu shot event.

Mrs. Sandy Waldemarson will turn 80 on August 22. Pictured is Mrs. Waldemarson from our 2016 corn roast. Health and happiness to both birthday girls.

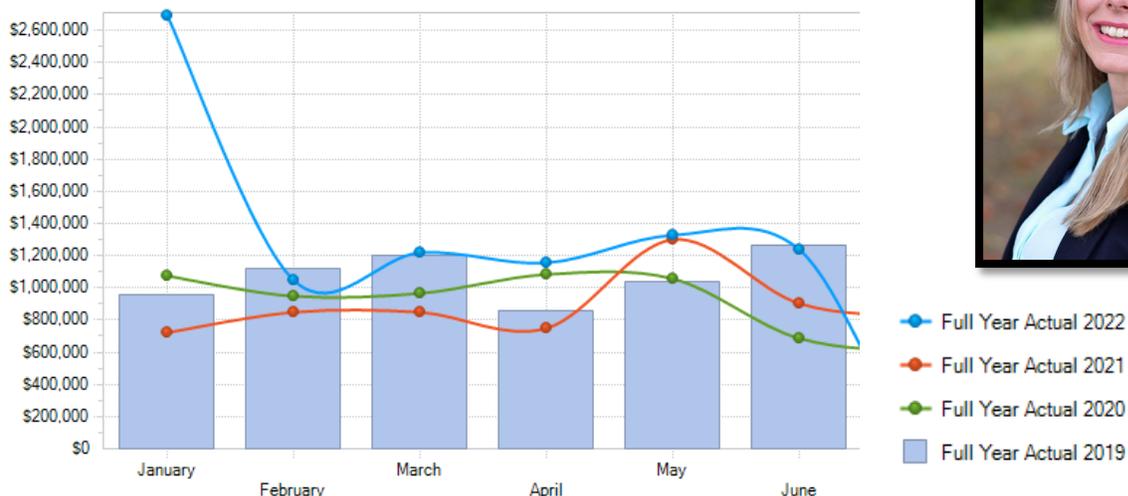
In closing, I would like to remind everyone that school will be back in session beginning August 18 (middle and high school) and August 19 (elementary school)—so please adhere to the school zone and be alert driving as we have many little ones walking to and from school. Thank you and enjoy the rest of your summer.



*"99% of failures come from people who make excuses."  
~ George Washington*

# From the Chief Financial Officer Angel Meriwether

## Income Tax Collections



# From the Police Department (continued)

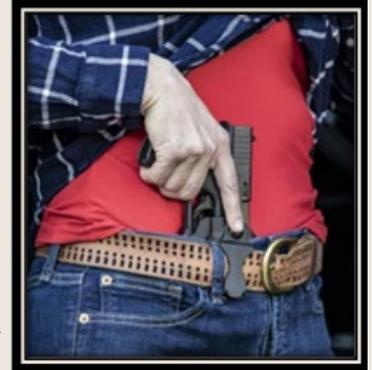
## A Message from Your Police Department

### Ohio New Concealed Carry Law

The following information is not legal advice. For specific questions regarding this or any law, you should always consult a lawyer.

### Overview

On June 13, 2022, Ohio became the 23rd state to allow “constitutional carry”. This allows a “qualified individual” to carry a firearm in a concealed manner without a “carrying concealed weapon” permit (CCW).



### Changes

First, the law still preserves the state’s existing concealed-carry licensing program, which requires license-seekers to successfully complete eight (8) hours of training, then apply for a “carrying concealed weapons license” (CCW) from any Ohio county sheriff. A successful applicant receives a photo-ID card from the sheriff identifying them as a licensed concealed carrier or “**CCW Holder**”. Under the new law, a second form of legal concealed carry is now available to Ohioans: “permitless carry”, which also is commonly called “constitutional carry.” This allows “**qualifying**” Ohioans 21 years or older to carry a concealed firearm without a permit or CCW. Keep in mind, various laws may prohibit you from being “**qualified**” to possess and/or carry a concealed firearm.

**Permitless Carriers** are subject to the same laws, rules and prohibitions as **CCW Holders**, with one major difference: **CCW Holders** are permitted to carry a firearm in their vehicle when they drive into a school safety zone, while **Permitless Carriers** are **NOT** allowed carry a firearm in their vehicle when they drive into a school safety zone. **Doing so is a felony under state and federal law.**

### Other changes to the law to note are as follows:

- **CCW Holders** are no longer required to carry their license or permit on their person.
- When interacting with a law enforcement officer, concealed carriers are no longer required to disclose or notify the law enforcement officer of the presence of a concealed firearm unless that person is asked by the law enforcement officer. Once asked, concealed carriers will be in violation if they knowingly fail to disclose the presence of any concealed firearm.

### Who is “Qualified”???

Both **CCW Holders** and **Permitless Carriers** must meet the following qualifications to carry a concealed handgun in Ohio.

- Must be 21 years of age or older
- Has no conviction for or has no pending prosecution for any felony, any domestic violence, any drug offense (other than a minor misdemeanor), or negligent assault, or falsification of concealed handgun license
- Has no conviction for (including attempted) or pending misdemeanor offense within the past three years of violence, which are the following offenses: Assault, Aggravated Menacing,

# From the Police Department (continued)

Menacing by Stalking, Menacing, Arson, Inciting Violence, Riot, Inducing Panic, Endangering Children, Intimidation of attorney, victim, or witness to criminal case, or Escape

- Has no conviction within the past five years for two or more charges of either Assault or Negligent Assault, or attempted Assault or attempted Negligent Assault
- Has no conviction for Resisting Arrest in the past 10 years
- Has no pending (from any state) Civil Protection Order or Temporary Protection Order
- Is not a fugitive, including suspected of or convicted of a crime, aware of being sought by the police, and eluding capture
- Has not been adjudicated as a mental defective or mental incompetence, committed to mental institution, found by court to be mentally ill person subject to court order, or involuntary patient other than for purpose of observation
- Does not have a suspended or revoked CCW permit
- Has not been dishonorably discharged from U.S. Armed Forces
- Is not drug dependent or in danger of drug dependence, or chronic alcoholic
- Has not renounced U.S. Citizenship
- Is legally or lawfully in the U.S. if not a U.S. citizen; is admitted under non-immigrant visa and was admitted for lawful hunting or sporting purposes, or has hunting license/permit, or as official representative of a foreign government.

## Please Remember...

Many parts of the law did not change, such as carrying firearms (permit or no permit) where prohibited. (i.e., schools, courthouses, any public or private locations wherever prohibited signage is posted)

The previous information only pertains to Ohio. Please do not assume that all cities, states and/or countries allow for concealed carry. Always research and confirm any and all firearms laws before traveling armed outside of Ohio.

It is also recommended that all **“Permitless Carriers”** receive proper and continued training in (but not limited to), general firearm skills/operation, safe firearm/ammunition handling and storage, laws regarding self-defense, legal considerations and criminal/civil liabilities.

Realizing that Ohio’s new concealed carry law is new (and somewhat confusing), as stated before it is recommended that you consult a lawyer with any questions regarding firearm or concealed carry laws.

For more information please visit:

<https://www.ohioattorneygeneral.gov/lawenforcement/concealed-carry>

**STAY SAFE!**

Respectfully,

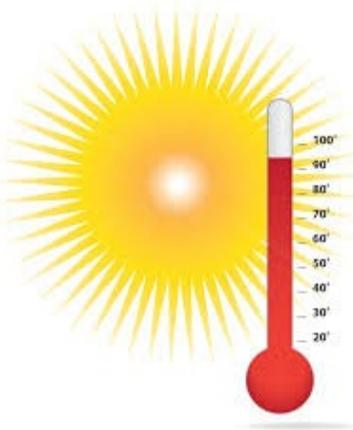
*Brian D. Sturgill*

Brian D. Sturgill  
Chief of Police



FOR ALL EMERGENCIES CALL 911

# From the Fire Department



## Extreme Heat

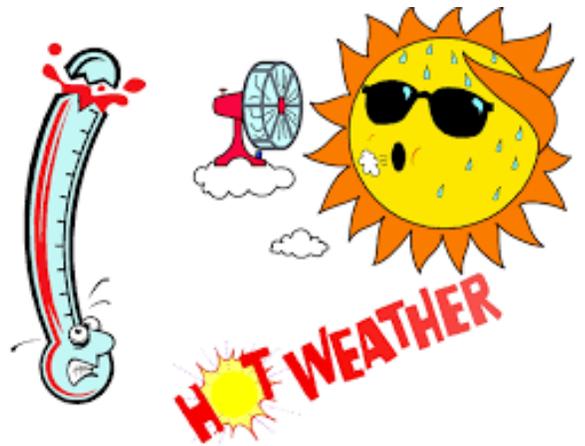
Extreme Heat often results in the highest number of annual deaths among all weather-related hazards. In most of the United States, extreme heat is defined as a long period (2 to 3 days) of high heat and humidity with temperatures above 90 degrees. In extreme heat, evaporation is slowed and the body must work extra hard to maintain a normal temperature. This can lead to death by overworking the human body.

### Remember that:

- ▶ Extreme heat can occur quickly and without warning
- ▶ Older adults, children, and sick or overweight individuals are at greater risk from extreme heat
- ▶ Humidity increases the feeling of heat as measured by a heat index

### IF YOU ARE UNDER AN EXTREME HEAT WARNING:

- 👉 Find air conditioning
- 👉 Avoid strenuous activities
- 👉 Watch for heat illness
- 👉 Wear light clothing
- 👉 Check on family members and neighbors
- 👉 Drink plenty of fluids
- 👉 Watch for heat cramps, heat exhaustion, and heat stroke
- 👉 Never leave people or pets in a closed car



### RECOGNIZE AND RESPOND

Know the signs of heat-related illness and the ways to respond to it:

#### HEAT CRAMPS

- 🔴 Signs: Muscle pains or spasms in the stomach, arms, or legs
- 👉 Actions: Go to a cooler location. Remove excess clothing. Take sips of cool sports drinks with salt and sugar. Get medical help if cramps last more than an hour.

#### HEAT EXHAUSTION

- 🔴 Signs: Heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness, headache, nausea or vomiting, or fainting
- 👉 Actions: Go to an air-conditioned place and lie down. Loosen or remove clothing. Take a cool bath. Take sips of cool sports drinks with salt and sugar. Get medical help if symptoms get worse or last more than an hour.

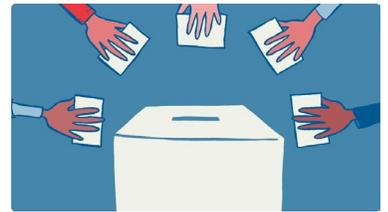
#### HEAT STROKE

- 🔴 Signs: Extremely high body temperature (above 103 degrees) taken orally; red, hot, and dry skin with no sweat; rapid, strong pulse; dizziness; confusion; or unconsciousness
- 👉 Actions: Call 911 or get the person to a hospital immediately. Cool down with whatever methods are available until medical help arrives.

# From the Village Hall

## Primary Election

The Primary Election will be held on Tuesday, August 2 and the polls will be open from 6:30 a.m. until 7:30 p.m. at the village hall in the civic room (lower level.) Please note that if you have moved or changed your name since you last voted, you must complete a new registration form to reflect your new address and/or new name. Voter registration forms, as well as vote by mail applications are available for our residents at the village hall during normal business hours. Please exercise your right to vote—your vote counts!



## Parks and Playgrounds

The village owns, operates, and maintains Bacci Park with a pond for fishing in the summer and ice-skating in the winter. Bacci Park also has its own playground, two ball fields, three pavilions, and a soccer field. *\*Please note that fishing in the pond at Bacci Park is for residents only, and by permit which can be obtained from the Cuyahoga Heights Police Department.*



## Notary Service

Several of our employees at the village hall are Notaries for the State of Ohio, Cuyahoga County and would be happy to notarize items for village residents, *free of charge* during regular business hours.



## Newsletter

In order to keep our residents informed, the village publishes and delivers a monthly newsletter to the residents each month. In addition, the newsletters, minutes from council and workshop meetings are posted to our web site at [www.cuyahogaheights.com](http://www.cuyahogaheights.com).

## Seven Hills Recreation Center

Our village has an agreement with the Seven Hills Recreation Center for our village residents to use their facility. The village will pay 100% of the rate for bona-fide village residents that are 62-years of age and older, U.S. Veterans, and disabled residents. In addition, the village will also pay 50% of the rate for all other bona-fide residents desiring to secure a membership as outlined in the contract. Residents must register/pay for their membership at the village hall during normal business hours with proof of identification.



## Social Media

Follow Cuyahoga Heights on all our social medias for daily reminders and upcoming events around town!

Facebook: <https://www.facebook.com/cuyhtsvillage>  
Instagram: <https://www.instagram.com/cuyhtsvillage/>  
Twitter: <https://twitter.com/CuyHtsVillage>



# *From the Service Department*

## *Service Employee Spotlight*

**Jason Sagan, Bio-Skilled Maintenance**

“I began my employment with the village in May of 2015, with primary job duties relating to the building trades. Although my daily duties still include the Operation & Maintenance of all village facilities, my position has since evolved into one of great diversity. From annual budgets and supply purchasing to special project design/construction/installation to the “voice of the non-bargaining employees”, I am involved in many areas of the day-to-day activity of the village. You’ll likely spot me checking on the pool or bouncing in a plow truck late at night as well.

My off time is spent enjoying time with my wife & kids...I never know what adventure they have planned, but it usually involves a day out on the water or the simple life in the North Carolina countryside.”



## *Service Employee Spotlight*

**David Palucki, Bio-Skilled Mechanic**

“I began working for the village as a mechanic in May 2019. Prior to working here, I was a mechanic at the Cuyahoga County Board of Development Disabilities. In addition to my mechanic duties, I drive the village bus, work the annual Corn Roast, and grill hot dogs at the Memorial Day event.

I was born and raised in Garfield Heights and have lived in Broadview Heights for the last 23 years. I have been married to my wonderful wife, Kelly, for 26 years. We have one son, David Jr., who currently attends the University of Akron majoring in Engineering.

Outside of work I enjoy cooking, fishing, and spending time at the cabin.”

# From the Service Department (continued)

## Garbage Pick Up - Recycling - Yard Waste

Our service department collects garbage every Monday morning beginning at 8:00 a.m. at no charge to its residents. They will come into your yard and take your garbage tote and recycling container to the curb; afterwards they will carry it back into your yard. Please note that if a holiday falls on a Monday; the service will commence on Tuesday.



## Special Pick Up

If you need a special pick up for trash that is oversized, large amounts, or hazardous waste, don't forget to call the service department to be put on the special pick up list. Special pick up day is on Tuesday mornings, unless there is a holiday on Monday, at which time, the special pick up will be taken care of on Wednesday. You must call the service department at 216-641-3505 by 4:00 p.m. on Monday to get on the list for Tuesday's pick up.

## Charity Pick Up

Our service department will pick up any small usable item at your residence that you would like to donate to charity on the first Wednesday of each month. Small household items, clothes, etc., are collected and donated. No tax receipts are given for this service, and you must call the service department prior to the first Wednesday of the month for this service.

## Newspaper/Cardboard Recycling

Do your part in helping the environment; recycle cardboard and newspaper. Our village has a recycling container located at Bacci Park in the rear of the back parking lot. The container is strictly for cardboard and newspaper. **Please make sure to break down your cardboard boxes before placing them in the container.** Stop on down and do your part in recycling. If you have a large amount and are unable to take it to the container, please call the service department during normal business hours prior to Tuesday mornings; we will put it on our "special pick up" list.



## Dumpsters

Residents may rent a village dumpster for personal use at their home by paying \$30.00 to the village for each dumpster load. Dumpsters can be used for yard waste, construction debris or miscellaneous household items **NOT** including carpet, tires, or hazardous waste. Please do not mix materials. Contact the service director at 216-641-3505 for this service. Use of the dumpster is for a maximum of two (2) weeks. After two (2) weeks, the dumpster will be picked up from the resident's home. If the resident needs to use it again, he/she will go back on the waiting list. Please note that the disposal of debris created from outside the village is prohibited.



## Table & Chair Rental

A limited number of tables and chairs are available for use by residents having parties at their residence, free of charge. Please contact the service department to reserve your tables and chairs and to arrange a time when you can pick them up.

# From the Service Department (continued)

## Pest and Insect Control

Pest control services are available by contacting our service department at 216-641-3505 with your name, address, phone number, and the nature of your problem. We will then reach out to our pest control vendor. This service is free except for termites, bed bugs, and wildlife. The village also sprays the outside of your home in the spring to hinder any unwanted pests from entering into your home.



## Meals on Wheels (By Lori's Custom Catering)

This service is available to any village resident that is 60 years of age or older. A lunch time meal will be delivered to your home daily, Monday through Friday, by our service department. This is an affordable option, the cost is \$25.00 per week, which is only \$5.00 per day (*you must sign-up up for a full week.*) To receive meals for a given week, payment must be made by the Thursday prior. If you have any questions regarding this service, please contact Mindy Armbrust at the service department at 216-641-3505 or [m.armbrust@cuyahogaheights.com](mailto:m.armbrust@cuyahogaheights.com).



## Tree Trimming/Removal Service

The village will provide a professional tree trimmer to remove or trim a tree on a resident's property. Please note that tree trimming/removal is limited to two (2) trims per year and one (1) removal. If a crane is needed for tree removal, it is the responsibility of the homeowner to pay for the service. In addition, if a stump needs ground, it is the responsibility of the homeowner to pay for this service, whether the homeowner uses the tree company that the village has a contract with or another tree company. Forms can be found on the village website and once completed can be returned to [SD@cuyahogaheights.com](mailto:SD@cuyahogaheights.com) or dropped off at the village hall.

## Grass Cutting

The village will cut the grass of each senior citizen's residence that is 60 years of age or older and that qualifies under the program. We must have a signed waiver on file to perform this service. Your form can be returned to the village hall. If you are unsure if you have a waiver on file, please contact the service department at 216-641-3505. Please remember to remove dog droppings on a routine basis.



# From the Building Department

## Is Your Indoor Air Healthy?

- **Change your air filters.** Depending on the unit and home's location, it is recommended to change your filter anywhere from once a month to once every three months. Changing an air filter is easy enough for a homeowner to do on his or her own, or can be a quick fix for your HVAC contractor.
- **Clean your ducts regularly.** Check your ducts annually for cleaning needs. Note that the frequency of your duct cleaning may change depending on the number of people or pets in your home, types of filters used, carpet, etc.
- **Clean your vents.** It can be common for mold to grow on HVAC vents. Mold means there are areas of excessive moisture or humidity, ideal for breeding grounds for mold spores. Those sources of water, combined with collections of dust and dirt within your ductwork, are problem spots that can cause a pungent smell throughout your home. Keeping vents clean can go a long way when it comes to maintaining air quality.
- **Install a whole-house air purifier.** To help keep the air inside your house as clean as possible. These cleaners are designed to help minimize the indoor air pollutants, such as dust and other allergens, so you and your family can breathe easier.

Try your luck at some questions to determine the quality of your home's air.



1. **True or False:** Radon and carbon monoxide are both invisible, odorless and tasteless gases that pose health threats to your home.
2. **True or False:** Some containments, such as radon, increase your chances of lung cancer.
3. **True or False:** Fall allergens including mold spores and ragweed only affect outdoor air.
4. **True or False:** Secondhand smoke is just as harmful as smoking- especially around children with asthma.
5. **True or False:** There is nothing I can do about mold and mildew in my basement.
6. **True or False:** Filters on appliances should be changed at least every three months.
7. **True or False:** The cleaning products I use do not affect the air I breathe.
8. **True or False:** Do not store chemicals in your home including harmful cleaning products, paints and varnishes.

### Answers:

1. **True!** Every home should have a carbon monoxide detector. Using a carbon monoxide detector that detects low levels will provide the best protection for your home. Get your home tested for radon.
2. **True!** Exposure to radon over time can increase your chance of getting lung cancer. Get your home tested and properly ventilated to reduce the amount of radon in your home.
3. **False!** Mold spores and ragweed are brought into your home through open windows, on shoes and on your clothes.
4. **True!** If someone in your household smokes, the best way to protect your family is to quit smoking. Cigarette smoke lingers on clothing and your skin.
5. **False!** Many basements have mold and mildew problems due to too much moisture. Find out how moisture is getting in and fix the problem, then use a dehumidifier to remove excess moisture.
6. **True!** Change filters at least every three months and use a pleated electrostatic filter that is designed to catch small particles.
7. **False!** Use nontoxic unscented household cleaning products, wet dusting and mopping. Clean all furniture and floors regularly- even more if you have pets.
8. **True!** Chemical in paints, varnishes and harmful cleaning products should never be stored in the home. When using these products, protect yourself by using protective masks and gloves.

# ***Sports and Recreation Department***

## **Sports**

The 2022 baseball, softball and t-ball seasons have come to an end. Thank you to all those who participated or stopped out to support the teams! A big THANK YOU to the concession stand staff for all of the delicious snacks and meals available to families on busy ball game nights! And thank you to the Cuyahoga Heights Service Department, especially Rick Henley and Cory Pucci for working hard all summer to prepare the fields for play.

If you have registered for flag football, cheerleading or soccer, we are working with the neighboring communities and coaches and will be in contact after placement is complete.

Listed below is the remaining registration deadline for the year. As always, registration forms can be found on the village website.

<b>Sport</b>	<b>Deadline</b>
Youth Basketball	October 1, 2022

## **Concession Stand/Food Trucks**

The summer sports may be winding down but the Bacci Park Concession Stand remains open. Hours are Monday-Friday 9:30 a.m-7:00 p.m. and Saturday-Sunday 10:00 a.m.-6:00 p.m. Food trucks will continue Wednesday evenings—we've included information with this newsletter as it pertains to the trucks for the month of August. Please follow our social media accounts with updates.

## **Swimming Pool**

Summer is not over yet...there is still time to enjoy a beautiful day at the pool! We invite all pool pass holders to join us on Saturday, August 13<sup>th</sup> for an end of season pool party. Additional information will be posted at the pool and on social media in August. The last operating day for the 2022 pool season will be Sunday, August 14<sup>th</sup>.

## **Cedar Point Season Pass Reimbursement**

The Village of Cuyahoga Heights is still providing a \$50 reimbursement to any resident who purchases or has purchased a Cedar Point Season Pass for the 2022 season. Resident must show valid 2022 pass and proof of residency for reimbursement. Reimbursement will NOT be given for anyone not currently residing in Cuyahoga Heights. Contact Mindy at [chvrec@cuyahogaheights.com](mailto:chvrec@cuyahogaheights.com) for more information.

## **Youth Trips/Events**

In the beginning of July, the Recreation Department went on a trip with village children to Swings-N-Things fun center where the kids enjoyed miniature golf, laser tag, bumper boats, go-karting and lunch! Fun was had by all. At the end of the month the Police Department partnered up with the Recreation Department to host a Bike Safety Day and Foam Party at Klima Gardens for the kids. Have no fear, even as the kids prepare to return to school, we will be planning more fun events throughout the year!

If you would like to have your email address added to a list for notifications of future youth events, please email Mindy at [chvrec@cuyahogaheights.com](mailto:chvrec@cuyahogaheights.com). Or if you have any questions or need further information, please feel free to send me an email at [chvrec@cuyahogaheights.com](mailto:chvrec@cuyahogaheights.com) or contact me at 216-641-2702.

*Mindy Armbrust*  
*Recreation Director*