



*Waitress tells the story of Jenna, a waitress and expert pie maker stuck in a small town and a loveless marriage. When a baking contest in a nearby county offers her a chance at escape, Jenna fights to reclaim a long-forgotten part of herself. Through the support of her fellow waitresses, and an unexpected romance, Jenna begins to find the courage to take a long-abandoned dream off the shelf. Waitress celebrates the power of friendship, dreams, the family we choose and the beauty of a well baked pie.*

**SHOW DATE: Thursday June 9<sup>th</sup>**



**TIME: 7:30 p.m.**

**TICKET PRICE: \$54.50**

**DEADLINE: May 27th**

The village will be offering the use of the village bus for this event. Please be ready in the parking lot at 7:00p.m with your ticket(s). The show runs for 2 hours and 30 minutes including intermission.

**DEADLINE EXTENDED! 19 TICKETS LEFT!**

**STARTING MAY 1ST, WE ARE OPENING TICKET SALES**

**TO NON-RESIDENT GUESTS AT \$75.00 PER TICKET\*.**

**NON-RESIDENT GUEST BUS FEE WILL BE ~~\$5.00~~ NO COST!**

**NO HOLDS!** Payment will be required when dropping off application. If the village hall is closed, you may drop off both application and payment in the secured drop box by the back door. Tickets will be held at the hall and ready for pick up the week before show. **\*LIMIT 4 GUESTS PER HOUSEHOLD**

*If you have any questions, please reach out to Christina at the Village Hall 216 641-7020 during regular business hours of 8:00 a.m. - 12:00 p.m. and 1:00 p.m. - 4:30 p.m. or email: [c.caporuscio@cuyahogaheights.com](mailto:c.caporuscio@cuyahogaheights.com)*



**NOW HIRING**

**SEASONAL PART-TIME**

**SERVICE DEPARTMENT**

**GENERAL LABORER**

**CONTACT SERVICE DIRECTOR DAVE SAMMONS WITH QUESTIONS AT  
216-641-3505 OR VISIT OUR WEBSITE FOR AN APPLICATION.**

**[WWW.CUYAHOGAHEIGHTS.COM](http://WWW.CUYAHOGAHEIGHTS.COM)**



**NOW HIRING  
SEASONAL  
PARK PATROL**

**MUST BE 16 YEARS OLD AND AVAILABLE TO WORK EVENINGS  
AND WEEKENDS.**

**CONTACT SERVICE DIRECTOR DAVE SAMMONS AT  
216-641-3505 OR VISIT OUR WEBSITE FOR AN  
APPLICATION.**

**[WWW.CUYAHOGAHEIGHTS.COM](http://WWW.CUYAHOGAHEIGHTS.COM)**



Village of Cuyahoga Heights  
4863 East 71<sup>st</sup> Street  
Cuyahoga Heights, OH 44125

**CONSENT TO ENTER UPON PROPERTY  
FOR GRASS CUTTING AND RELEASE ALL CLAIMS  
TO THE VILLAGE OF CUYAHOGA HEIGHTS**

I, \_\_\_\_\_, having made application to the Village of Cuyahoga Heights, Ohio for it to provide me with certain grass cutting services, pursuant to the rules and regulations of the Village, which have been fully read by me on the reverse side of this form, do hereby grant permission to the Village of Cuyahoga Heights, its officers and employees, to come upon my private property, the address of which is listed below, for the purpose of grass cutting.

By these present, I, in consideration of the Village's approval of my application for grass cutting services, and in consideration of the Village providing grass cutting services to my property, I HEREBY FOREVER COMPLETELY RELEASE AND DISCHARGE THE VILLAGE OF CUYAHOGA HEIGHTS, OHIO, ITS SUCCESSORS AND ASSIGNS, AND OFFICERS AND EMPLOYEES, FROM ALL CLAIMS, DEMANDS, DAMAGES, ACTIONS AND CAUSES OF ACTION WHATSOEVER, which I may now have or may have a result of or arising out of the Village of Cuyahoga Heights providing grass cutting services to my property.

I, the undersigned, have executed this consent and release on the day and year appearing after my signature.

\_\_\_\_\_  
Homeowner's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone Number of Homeowner

\_\_\_\_\_  
Renter's Signature

\_\_\_\_\_  
Renter's Phone Number

ORDINANCE NO. 2008-87

INTRODUCED BY: MAYORBACCI, DUSZYNSKI, FARAGONE, HENLEY, SCHAB,  
SCHOEFFLER AND SUHY

**AN ORDINANCE AMENDING SECTION 1072.01  
PERTAINING TO GRASS CUTTING SERVICES FOR RESIDENT SENIORS  
AND DISABLED PERSONS**

BE IT ORDAINED by the Council of the Village of Cuyahoga Heights, State of Ohio:

SECTION I. That Section 1072.01 be amended to read as follows:

1072.01        **CONDITIONS OF SERVICE.**

A grass cutting service for resident senior citizens and resident disabled persons of the Village shall be provided under the following conditions:

(a)        The registrant must be sixty years of age or older and must reside alone or with a spouse of like age or older or the registrant must be disabled and not have an able-bodied person living with him or her who is under sixty years of age.

For purposes of this Section 1072.01(a), "disabled" means physical or mental impairment that substantially limits one or more major life activities, including, but not limited to, the functions of caring for one's self, performing manual tasks, walking, seeing, breathing, learning, and working.

(b)        The property registered pursuant to Section 1072.02 must be a single-family dwelling, a two-family dwelling, or a multiple family dwelling and the owner of the property must reside at the registered property.

(c)        The registrant must execute a consent and release, in a form approved by the Solicitor, granting permission to the Village to provide the grass cutting service and releasing the Village, its servants, agents and employees from any liability arising out of the cutting of grass on the registrant's property.

SECTION 2. That Section 1072.01, as it existed prior to the effective date of this Ordinance be, and the same hereby is, repealed.

SECTION 3. This Ordinance shall take effect immediately provided it received the unanimous vote of all members elected to Council; otherwise, it shall take effect and be in force from and after the earliest period allowed by law.



Regulation duck cloth, 6x6 bags double stitched with heavy duty thread, filled approx. 16oz with corn. I have many colors available (Navy Blue, Red, Brown, Orange, etc.. Please let me know if there is a specific color you are looking for.

I also have carrying bags available for \$20

\$25 per set (8 Bags).

Contact Kristine Kovelan 216-258-8021

email [kriskove@outlook.com](mailto:kriskove@outlook.com)

For pick up I am at 4941 E. 71st (on the corner of Bletch and 71st)



# Fitting Your Bike Helmet

Buy it. Fit it. Wear it.  
**EVERY RIDE!**

## The Proper Helmet Fit

Helmets come in various sizes, just like hats. Size can vary between manufacturers. Follow the steps to fit a helmet properly. It may take time to ensure a proper helmet fit, but your life is worth it. It's usually easier to look in the mirror or have someone else adjust the straps. For the most comprehensive list of helmet sizes according to manufacturers, go the Bicycle Helmet Safety Institute (BHSI) Web site at: [www.bhsi.org/](http://www.bhsi.org/).

### STEP 1

#### Size:

Measure your head to find your size. Try on several helmets in your size until one feels right. Now put the helmet level on your head and adjust the sizing pads or fit ring until the helmet is snug.

### STEP 2



#### Position:

The helmet should sit level on your head and low on your forehead—one or two finger-widths above your eyebrow.

### STEP 5



#### Chin Strap:

Buckle your chin strap. Tighten the strap until it is snug, so that no more than one or two fingers fit under the strap.

### STEP 3



#### Side Straps:

Adjust the slider on both straps to form a "V" shape under, and slightly in front of, the ears. Lock the slider if possible.

### STEP 6



#### Final Fitting:

**A.** Does your helmet fit right? Open your mouth wide...big yawn! The helmet should pull down on your head. If not, refer back to step 5 and tighten the chin strap.

### STEP 4



#### Buckles:

Center the left buckle under the chin. On most helmets, the straps can be pulled from the back of the helmet to lengthen or shorten the chin straps. This task is easier if you take the helmet off to make these adjustments.

- B.** Does your helmet rock back more than two fingers above the eyebrows? If so, unbuckle and shorten the front strap by moving the slider forward. Buckle and retighten the chin strap, and test again.
- C.** Does your helmet rock forward into your eyes? If so, unbuckle and tighten the back strap by moving the slider back toward the ear. Buckle and retighten the chin strap, and test again.
- D.** Roll the rubber band down to the buckle. All four straps must go through the rubber band and be close to the buckle to prevent the buckle from slipping.

## Replace a Helmet.

Replace your helmet when it has been in a crash; damage is not always visible.

## Buy/Fit the Helmet For Now.

Buy a helmet that fits your head now, not a helmet to “grow into.”

## Ensure Helmet Comfort.

If you buy a helmet that you find comfortable and attractive, you are more likely to wear it. Readjust as necessary to ensure the helmet fits properly each ride.

## Cover Your Forehead.

Adjust the helmet fitting based on your helmet first being in the correct position, level on the head and low on your forehead.

## Adjust Straps Until Snug.

Both the side and chin straps need to be snug.

## Avoid Helmet Rocking.

Your helmet should not rock forward or backward, or side to side on your head.

If your helmet rocks more than an inch, go back to step 6, and readjust.

## Be a “Roll” Model for Safe Behavior

Everyone — adult and child — should wear a bicycle helmet each time they ride. Wearing a helmet each ride can encourage the same smart behavior in others.

## Helmet Certification

Bicycle helmets sold in the U.S. must meet the standards issued by the U.S. Consumer Product Safety Commission (CPSC). Look for the certification label inside the helmet.



## Helmet Laws

More children ages 5-14 go to emergency rooms for bicycle-related injuries than with any other sport; many are head injuries. As a result, many States and local jurisdictions have child bicycle helmet laws to increase and better ensure the safety of children when bicycling. See: [www.helmets.org/mandator.htm](http://www.helmets.org/mandator.htm).

Like car crashes, bicycle crashes can happen at any time, involving not only children, but adults, many of whom are skilled riders. In fact, middle-age adults represent the average age of bicycle riders killed and injured.

Helmets are the single most effective piece of safety equipment for riders of all ages, if you crash. Everyone should choose to wear a helmet; it just makes sense!

For more information on  
bicycle safety, visit the National  
Highway Traffic Safety  
Administration Web site at:  
[www.nhtsa.dot.gov/bicycles](http://www.nhtsa.dot.gov/bicycles)

**ROLL  
MODEL**



# CUYAHOGA HEIGHTS YOUTH TRIP APRIL 20, 2022

## TOP GOLF





# Bacci Park 2022 Easter Bunny Drive-Thru









# Shipwreck Camp

Case Western Reserve University



Weekdays July 11 – 22, 2022  
9:00 am – 3:30 pm

Inspired by the research and exploration of Dr. Robert Ballard, finder of the wreckage of the Titanic, Shipwreck Camp will engage campers in field science and exploration. Youth **ages 12-15** participate in an expedition to find shipwrecks in Lake Erie.

Campers will:

- read a novel related to exploration
- meet local experts
- build remotely operated vehicle for underwater exploration
- immerse themselves in an introduction to SCUBA
- Find and explore a Lake Erie shipwreck

Cost: \$535 (includes a \$25 non-refundable application fee)

## For More Information

Visit [gelfand.case.edu](http://gelfand.case.edu)

Inquiries should be directed to:

Kathryn Kwiatkowski  
216.368.5075  
[kmk21@case.edu](mailto:kmk21@case.edu)



LEONARD GELFAND  
STEM CENTER

Camp Sponsors: Christine and John Bertko; Bay Area Divers

## ENVIRONMENTAL HEROES 2022-2023



### *Environmental Heroes*

**An After School Field Science Experience for Middle and High School Students**

**Where: Case Western Reserve University-Leonard Gelfand STEM Center  
(Guilford House), 10900 Euclid Ave., Cleveland, Ohio 44106**

July 2022- June 2023: Environmental Heroes

What you do matters! Learn how in this **free** after school program for middle and high school level students (minimum age 12), a program of Case Western Reserve University's Leonard Gelfand STEM Center. Self - motivated participants will engage in real science with the guidance of experts, collecting and analyzing environmental data in the Lake Erie watershed. Only serious Environmental Heroes willing to make a commitment for two years need apply. Youth will be selected in a competitive application and interview process. All new and returning participants will spend two weeks in the summer actively developing and improving their field observation and investigative skills.



**For More  
Information  
Visit:**

[gelfand.case.edu](http://gelfand.case.edu)

**Inquiries to:**

Kathryn

Kwiatkowski

[Kmk21@case.edu](mailto:Kmk21@case.edu)

216-368-5075

**2022 Summer Session:**

Tuesday -Friday: July 26- July 29 and

Monday - Friday: August 5 - 9

**Daily Schedule:**

9:00a.m. - 3:30p.m.

**After school sessions are Wednesdays** beginning September 14, 2022, 4:30p.m. - 6:30p.m., throughout the year. All sessions are at Case Western Reserve University.

**Completed applications due:**

June 17, 2022



**LEONARD GELFAND  
STEM CENTER**