



Starting
June 18th

The

Summer Playground

Instructor

is back!

MONDAY-FRIDAY 10:30-5:00

a

LL RESIDENT

CHILDREN OF PARENTS WHO HAVE
PURCHASED A POOL PASS ARE WELCOME
TO COME TO THE POOL TO ENJOY THE
PLAYGROUND, PARTICIPATE IN SWIMMING
LESSONS (REGISTRATION REQUIRED), AND
PLAY IN THE POOL DURING THE
AFTERNOON.



IMPORTANT DETAILS:

The Village bus will pick up the children on East 49th Street at 10:15 a.m. and again at 12:30 p.m. (M-F)
Please call the Village Hall by 3:00 p.m. the day before to let us know if your child will need a ride to the pool.

The pool will close promptly at 5:00 p.m. each day for the dinner hour. All children must leave the pool area during this hour. Parents of children must pick their children up promptly at 5:00 p.m.

Any child that is coming to the pool at 10:30 a.m. may bring a brown bag lunch with them. The pool will NOT be providing lunches for the children. Ice cream and beverages are available for purchase.

In the case of inclement weather, the children will be moved from the playground area to the Contipelli Civic Center located in the Village Hall. When the weather clears up, the children will once again return to the pool and playground areas.

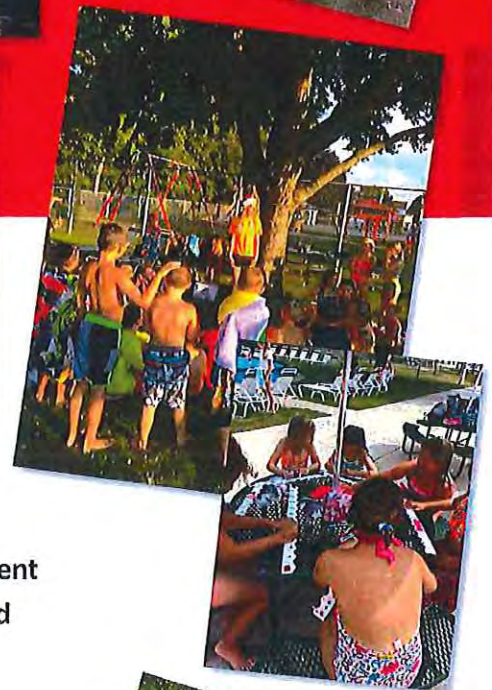
In rare instances of extreme weather when the pool needs to be closed indefinitely, parents may be called to pick up their children immediately. If this should happen, children need to be picked up within 30 minutes of when they are called. The children that live on East 49th Street will also have the option to have the Village bus take them back to their homes.

The safety of our children is always our number one priority!

Cuyahoga Heights Village Swimming Pool

WILLIAM R. GERDON SWIMMING POOL

4863 E. 71st Street
Cuyahoga Heights
(216)341-7684



Summer 2018

Fun and exciting activities, swimming lessons and several special events are now being planned for upcoming summer.

The pool officially opens Saturday, June 2nd and will be available to rent to pass holders on Saturday evenings from 8:00-10:00 p.m. Tables and chairs are also available during open swim hours for small birthday parties.

Our playground instructors will be back again for summer fun Monday through Friday from 10:00 a.m. until 5:00 p.m.

If you have any questions prior to the pool opening, please contact us at pool@cuyahogaheights.com



Mark your calendar:

Christmas in July Pool Party

July 25

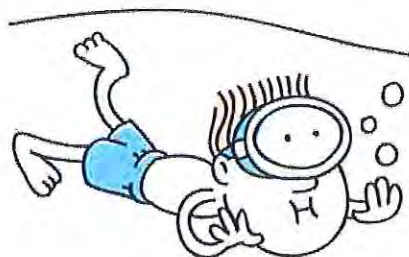


Check us out on Facebook...
Cuyahoga Heights Recreation



2018 Summer Swimming Lessons

at *Cuyahoga Heights Village Pool*



4863 East 71st Street

pool@cuyahogaheights.com

(216)341-7684

Swimming Lessons Session Dates:

Session 1: June 11-June 29

Session 2: July 2-July 20

Session 3: July 23-August 10

(You MAY sign up for more than one session)

Days of Week & Cost (per session):

Daily (\$30)	Mon/Wed/Fri (\$20)	Saturday Lessons(\$30)
Level 3-10:30	Level 6-10:30	<i>June 16-August 4</i>
Level 2-11:00	Level 5-11:00	Levels 1/3/5-11:00
Level 1-11:30	Level 4-11:30	Levels 2/4/6-11:30

See BACK for
LEVEL descriptions

Small Beginner: There are 4 Small Beginner slots per 1/2 hour

(both weekday & Saturday lessons)

First come, first serve until all slots are filled.

*Payment will be accepted once the pool opens

Please make checks payable to:

Cuyahoga Heights Village

*Pool Pass must be purchased prior to
attending swimming lessons



**NEW for
2018...**

"ONLINE REGISTRATION"

(Cuyahoga Height Village Website)

<http://www.cuyahogaheights.com/recreation/pool/>

Or follow this TinyURL: <https://preview.tinyurl.com/y7jdehr2>

Red Cross Swimming Levels

Requirements to Pass Each Level

To Pass Level 1 – "Water Exploration"

Fully submerge face
Release cramp
Supported kicking on back
Supported kicking on front
Walk 5 yards in chest-deep water, alternating arms
Supported float on front
Supported float on back
Walk 5 yards in chest-deep water, maintaining balance
Bubble blowing
Put on a life jacket on deck and enter shallow water
Learn water safety rules
Reaching assists without equipment
Enter and exit water independently using ladder, ramp or steps
Bounce up and down in chest-deep water 10 bounces

To Pass Level 2 – "Primary Skills"

Hold breath and fully submerge head for 3 seconds
Assist non-swimmer to feet
Step from the side into chest-deep water and recover to a vertical position
Get out from the side of pool
Supine float or glide, unsupported, and recovery
Level off from a vertical position
Rhythmic breathing with or without support
Orientation to deep water
Prone float or glide, unsupported, and recovery
Flutter kick on front
Flutter kick on back
Finning on back
Back crawl arm action
Combined stroke from front, using kick and alternating arm action
Combined stroke on the back, using kick and choice of arm movement
Turn over, front to back
Float in life jacket with face out of water
Perform reaching and extension assists from deck
Retrieve objects
Become familiar with rescue breathing

To Pass Level 3 – "Stroke Readiness"

Retrieve object, eyes open, no support
Bob, submerging head completely
Bob in water slightly over head to travel to safe area
Bob to standing depth
Dive from side of pool from kneeling and compact positions
Learn safe diving rules
Tread water
Jump into deep water wearing a life jacket
Reverse direction while swimming on back
Coordinate arm stroke for front crawl with breathing, breathing to the side
Prone glide with push-off
Supine glide with push-off
Reverse direction while swimming on front
Coordinate back crawl
Elementary backstroke
Learn how to open airway for rescue breathing
H.E.L.P. position
Huddle position
Jump into deep water from side of pool

To Pass Level 4

Deep water bobbing
Floating
Rhythmic breathing/rotary breathing
Front crawl with rotary breathing, 25 yards
Back crawl, 25 yards
Breaststroke on back, 5 yards
Elementary backstroke, 10 yards
Scissor kick for sidestroke, 10 yards
Turning at the wall
Stride and standing dives
Tread water, 2 minutes

To Pass Level 5

Alternate breathing
Front crawl, 50 yards
Back crawl, 50 yards
Breaststroke, 10 yards
Sidestroke, 10 yards
Elementary backstroke, 25 yards
Underwater swim, 3 body lengths
Racing dives, long shallow dives
Dolphin kick, 10 yards for butterfly
Open turns on front and back
Flip turns
Feet-first surface dives
Tread water, 2 minutes

To Pass Level 6

Front crawl, 100 yards
Front crawl with flip turns
Back crawl, 100 yards
Breaststroke, 25 yards
Breaststroke open turn
Breaststroke speed turn
Sidestroke turn
Racing dives, long shallow dives
Butterfly, 10 yards
Pike surface dive
Tuck surface dive
Tread water, 3 minutes, 1 minute no hands

To Pass Level 7

Front crawl, 200 yards
Back crawl, 100 yards
Back crawl with flip turn
Breaststroke, 50 yards
Sidestroke, 50 yards
Butterfly, 25 yards
Retrieve brick in deep water
Swim underwater, 15 yards
Tread water, 5 minutes
Review all strokes and turns from previous levels:
Front crawl with flip turn
Breaststroke with open turn
Breaststroke with speed turn
Sidestroke with turn
Backstroke with open turn



Village of Cuyahoga Heights Trip

Chagrin Falls

Saturday, June 16th

10:00am-2:00pm

Bus Leaves @ 9:30am

Enjoy a Saturday shopping and eating lunch by the Falls at one of the many retail and restaurants below:

RESTAURANTS:	Jekyll's Kitchen	RETAIL SHOPS:	Sugar Me Desserterie
Chagrin Falls	M Italian	Village Herb Shop	Blush Boutique
Popcorn Shop	Grove Hill	Chagrin River	Winds of Change
The Capital Grille	Master Pizza	Outfitters	Boutique
Flip Side	Yours Truly	Bare Attitudes Bath & Body	The Hidden Closet

To check out more shopping and restaurants visit:
<http://www.yourhometownchagrinfalls.com/>

Village residents who are interested must contact the Village Hall by
Friday, May 25th.

Transportation will be provided by our Village Bus.

Please note that there is a \$5.00 fee for each non-resident riding the bus.

Village of Cuyahoga Heights Trip

**Saturday
July 21st**



Once again, the Village will be going to Cedar Point for a fun day with our fellow residents. The Village Bus will be available to those who wish to use it. As in the past, the Village will pay a portion of the discounted ticket price for each Village resident. Non-residents may purchase tickets at the group rate. This year all tickets will include an unlimited drink wristband (fountain drinks) and one meal!

Residents

Seniors Citizens	\$33
Children under 48" tall	\$33
Adult	\$33

*Under 2 Get in Free

Non-Residents*

Seniors Citizens	\$66
Children under 48" tall	\$66
Adult	\$66

*A bus fee of \$5 will be assessed for non-residents

To reserve your spot, please call the Village Hall at (216) 641-7020 or email a.domzalski@cuyahogaheights.com by June 29th.

TICKETS INCLUDE ALL DAY DRINK WRISTBAND & SINGLE MEAL DEAL

The Single Meal Deal includes an entree, side and a regular size fountain drink at participating restaurants throughout the park.

Dining Plans are currently accepted at the following locations* in the park:

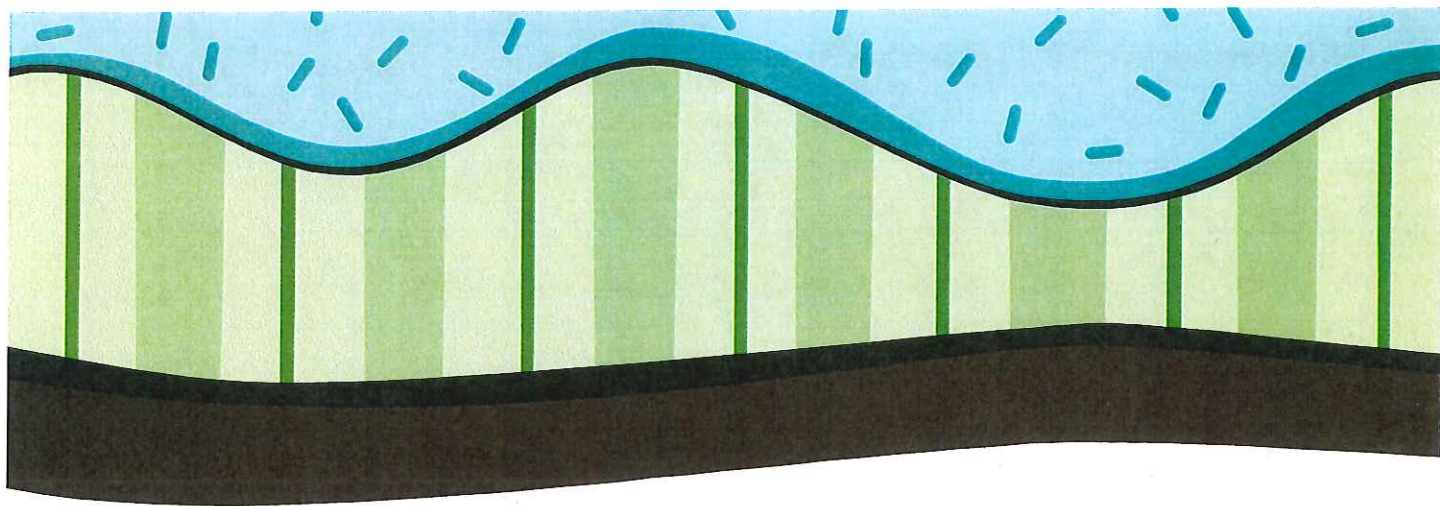
Burger Patio	Corral	Grandstand	Hot Potato
Celebration Station	Dive In	Grist Mill	Coca-Cola Oasis
Coasters	Dragon's Inn	Happy Friar	Lakeside Express
Los Gatos	Pink's	Subway	Chickie's & Pete's
Midway Market	Raging River	Johnny Rockets	
Mr. Potato	Rapid Waves	Frontier Inn	
Panda Express	Red Garter Saloon	Chuck Wagon	



Look for the Dining Plan symbol at participating locations throughout the park.

**Dining Plan participating locations & menus subject to change without notice throughout the season and from year to year. Operating hours vary by location and some locations may not be open on select operating days. Operating hours vary by location.*

Tickets must be paid in full by June 29th



CUYAHOGA HEIGHTS SENIORS

You're invited to join us!!

June 15, 2018, 11 am-7 pm

BACCI PARK
CONCESSION STAND

JOIN US FOR A **FREE** LUNCH OR DINNER
HOT DOG OR CHICKEN SANDWICH
CHIPS
DRINK (POP/WATER/COFFEE)

Lunch or Dinners can be delivered! Call Kelly Hartman 406-8258
One lunch or dinner per person





Summer Camps 2018

CUYAHOGA VALLEY CAREER CENTER

Explore! Discover! Create!

All camps run Monday through Friday from 9:00 a.m. - 3:00 p.m.

*Supervised Early Drop Off Included 8:00 a.m. - 9:00 a.m.

WEEK 1: JUNE 11-15

GRADES 5-7:

Beautiful You

Video Game Design

NEW! Taste Buds in the Kitchen

Movie Makers

Art and Design

LEGO Robotics

GRADES 8-10:

Chef for a Week

Construction

Computer Technology

Health Careers

VEX Robotics

NEW! *Manufacturing
*Sponsored camp available to students attending in-district schools only!
Applications required, see your school district's CVCC Career Specialist for details.

WEEK 2: JUNE 18-22

GRADES 5-7:

Beautiful You

Video Game Design

LEGO Robotics

NEW! Taste Buds in the Kitchen

Computer Technology

Digital Animation

GRADES 8-10:

Chef for a Week

Cosmetology

Video Game Design

Movie Makers

Digitally Designed

NEW! Health and Business Technology

FEES:

\$195 in-district residents \$205 out of district residents

\$15 Early Bird discount for registrations received by March 31, 2018

\$5 Multiple camp discount per camp when registering for 2 or more camps in the same transaction. *Use Class Code **CVCC** at checkout to apply this discount.

Register online at: www.cvccworks.edu/careercamps.aspx

For more information, contact Nanci Coleman at ncoleman@cvccworks.edu or 440.838.8851

8001 Brecksville Road ♦ Brecksville, OH 44141 ♦ www.cvccworks.edu

Get your

Adult Diploma

***Have life experience but no diploma?
Join the Adult Diploma Program at
Cuyahoga Valley Career Center***



- ***Must be an Ohio resident age 22 years and older who has not obtained a high school diploma or GED.***
- ***The program is FREE and at NO COST to the student.***
- ***Registration for the Adult Diploma Program is contingent upon completion of the WorkKeys assessment.***
- ***Available Programs Include:***
 - ***Emergency Medical Technician (EMT)***
 - ***State Tested Nurse Aide (STNA)***
 - ***EKG Technician***
 - ***Phlebotomy***
 - ***Web Design***
 - ***Heating, Ventilation and Air Conditioning (HVAC)***
 - ***Graphic Design for Print Production***

QUESTIONS?

Visit: <http://www.cvccworks.edu/AdultDiplomaProgram.aspx>

**Contact: Tina Klik, Administrative Assistant
at tklik@cvccworks.edu or 440-746-8206**

CUYAHOGA VALLEY CAREER CENTER

ACT Test Prep Boot Camp

Monday- Friday

June 4, 2018 — June 8, 2018

OR

July 9, 2018 — July 13, 2018

9:00 a.m.— 12:15 p.m.

Instructor: **College Now of Greater Cleveland**

Cost: **\$195 In-District Students per week**

\$205 Out-of-District Students per week

Class size is limited to 25 students. To register or for more information:

Call: **440-746-8230**

Visit: www.cvccworks.edu/CollegePrepCourses.aspx



ACT TEST SCORES MATTER!

Top Scholarship Opportunities for
Schools in Northeast Ohio...

SCHOOL	NAME OF SCHOLARSHIP/AMOUNT	MINIMUM REQUIREMENTS
<i>The University of Akron</i>	Honor's Scholarships (amounts vary)	ACT 27+ / GPA 3.5+
<i>Cleveland State University</i>	President's Award (\$6,000 a year)	ACT 28 / GPA 3.7
<i>Kent State University</i>	Founder's Scholarship (up to full tuition)	ACT 29+ / GPA 3.8
<i>Miami University</i>	University Merit Scholarships (half of full tuition)	ACT 33+ / GPA 3.5+
<i>The Ohio State University</i>	Maximus Award (\$5,000 a year)	Top 3%, ACT 33+

Reference- Avalon Center for Student Success: College/Financial Aid Resources

Go to <http://www.cvccworks.edu/CollegePrepCourses.aspx>
for a full list of Top Scholarships in Ohio 2017-18!



**CUYAHOGA VALLEY
CAREER CENTER**



Village of Cuyahoga Heights Service Department
7201 Canal Road • Cuyahoga Heights • OH • 44125



STREET SWEEPING

MAY 19TH & 20TH

All streets in the Village are going to be swept on the above dates. **PLEASE REMOVE YOUR VEHICLES FROM THE STREETS** during this time to assist in completing the job properly. As always, thank you in advance for your cooperation.

Cuyahoga Heights Bus & Activities Calendar ~ June 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 GROCERY SHOPPING	2 SWIMMING POOL OPENS - 1:00 P.M.
3	4 GARBAGE PICK UP	5 SPECIAL PICK UP	6 CHARITY PICK UP	7	8 GROCERY SHOPPING	9
10	11 GARBAGE PICK UP	12 SPECIAL PICK UP	13	14 SOUTH PARK MALL 9:30 A.M.	15 GROCERY SHOPPING	16 CHAGRIN FALLS
17	18 GARBAGE PICK UP	19 SPECIAL PICK UP	20	21	22 GROCERY SHOPPING	23
24	25 GARBAGE PICK UP	26 SPECIAL PICK UP	27	28	29 GROCERY SHOPPING	30 VILLAGE WIDE GARAGE SALE 8:00 A.M. - 3:00P.M.